

"JAI SHRI SIDDHIVINAYAK FOUNDATION'S"

# B. R. HARNE AYURVEDIC MEDICAL COLLEGE

Approved by: National Commission of Indian System Medicine & Ministry of AYUSH, New Delhi.

Affiliated to Maharashtra University of Health Sciences, Nashik.

Permitted by Govt. of Maharashtra.

MUHS College Code- 121111

NCISM College Code- AYU0590

Address - At. Karav, Post. Vangani, Taluka. Ambarnath, Dist. Thane, 421 503

Website-[www.brharneayurved.in](http://www.brharneayurved.in)

E-mail ID -[brharneayurved3183@gmail.com](mailto:brharneayurved3183@gmail.com)

Date: 01/10/2025

## Consolidated Report of Ayurveda Day 2025

### 1. 10<sup>th</sup> National Ayurveda Day – Run for Ayurveda

Date: 23/09/2025

Venue: RRAP – Central Ayurveda Research Institute, Worli

On 23/09/2025, RRAP – Central Ayurveda Research Institute, Worli, Mumbai (CCRAS, Ministry of Ayush, Government of India) organized the initiative "Run for Ayurveda."

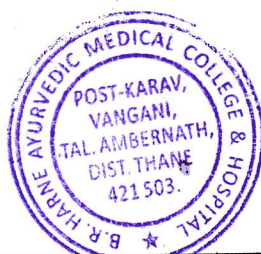
To promote a healthy lifestyle and spread awareness about Ayurveda, B. R. Harne Ayurvedic Medical College, Vangani actively participated in this event.

In this program, the students of B. R. Harne Ayurvedic Medical College achieved the following ranks:

#### **Students' Achievements:**

1. Smit Wankhede – Men's Category – First Place
2. Sanika Chavan – Women's Category – Second Place
3. Rudra Shevale – Men's Category – Second Place

Representing the college at this event were Vaidya Madhav Bhagwat Sir, Vaidya Arati Budhdev Madam, and Vaidya Girish Kale Sir.





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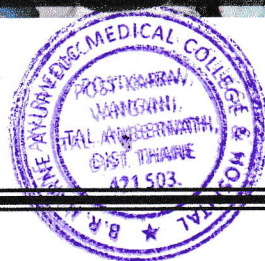
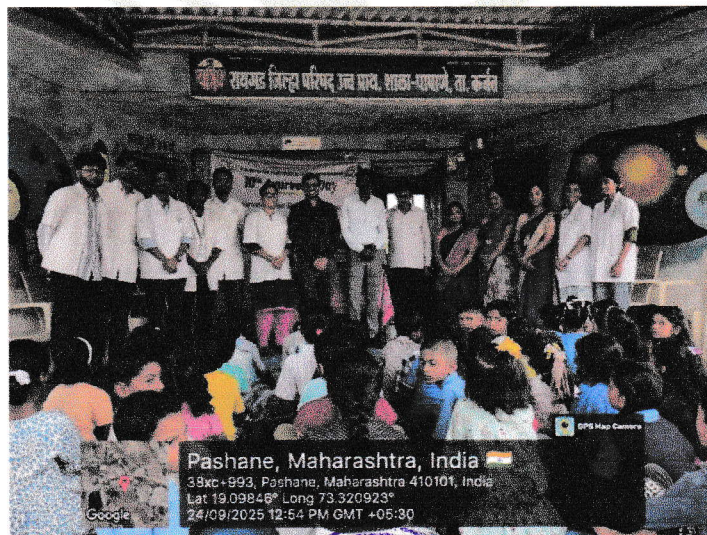
## 2. Public Awareness & Yog Demonstration

Date: 24/09/2025

Venue: Zilla Parishad School, Pashane

On 24/09/2025, on the occasion of Ayurveda Day, B. R. Harne Ayurvedic Medical College organized an Ayurveda awareness program for the students of Zilla Parishad School, Pashane. In this program, under the Department of Swasthavritta, Dr. Prachi Dalvi delivered a lecture on "Dinacharya and Ritucharya." Dr. Tejas More gave a lecture on "Pranayama and Yoga," followed by a practical yoga demonstration performed by second-year students. Additionally, students were introduced to Ayurvedic medicinal plants through informative charts.

The program was successfully conducted under the guidance of the Principal and Coordinator.





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## 3. Student Wellness programme - Meditation Session

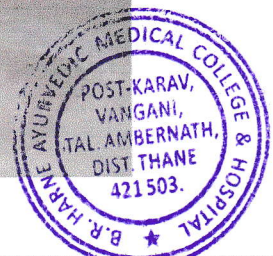
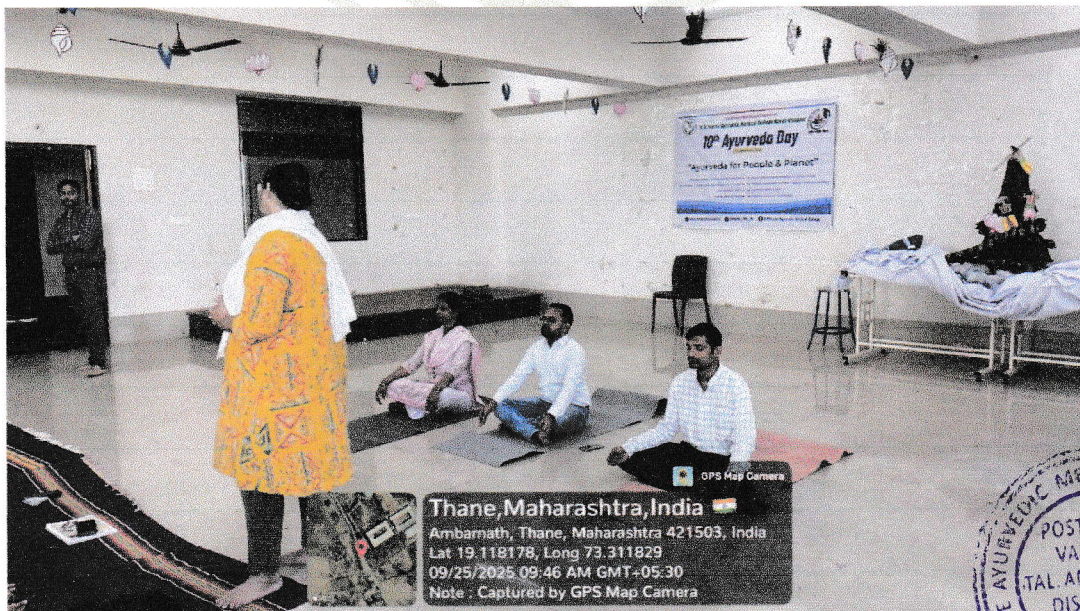
Date: 25/09/2025

Venue: B. R. Harne Ayurvedic Medical College, Karav

On 25/09/2025, on the occasion of Ayurveda Day, B. R. Harne Ayurvedic Medical College organized a "Meditation Session" for students, faculty members, and hospital staff.

The session was conducted by Dr. Namrata Goray, Yoga Instructor, from the Department of Swasthavritta. A total of 90 participants including students, professors, and hospital staff benefited from this session.

The program was successfully conducted under the guidance of the Principal and Coordinator.





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## 4. Student Wellness Programme - Story telling and experience sharing

Date: 25/09/2025

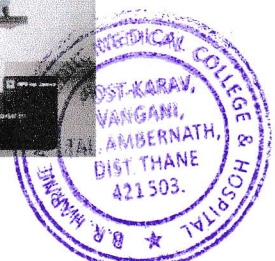
Venue: B. R. Harne Ayurvedic Medical College, Karav

On the occasion of Ayurveda Day, B. R. Harne Ayurvedic Medical College organized an "Ayurvedic Storytelling and Experience Sharing Session" on 25/09/2025 from 2:30 pm to 3:30 pm.

In this program, first-year student Mr. Shubham Indap presented a reading of an Ayurvedic article. Following this, first-year students Shlesha, Shubham, Prajakta, Gayatri, and Daksha shared their personal experiences about Ayurveda.

They spoke about what their perception of Ayurveda was when they first took admission to the B.A.M.S. course and how that perception transformed over the course of one year. They also expressed their firm determination to practice only Ayurveda in the future.

The program was organized under the guidance of Respected Principal Sir and Head of the Samhita Department, Vaidya Madhav Bhagwat. With the support of Vaidya Sanskruti, Vaidya Vaibhav, Ms. Ketaki, and first-year students of the Samhita Department, the program was successfully conducted.





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## 5. Ayurvedic Medical Camp and Medicinal Plantation

Date: 26/09/2025

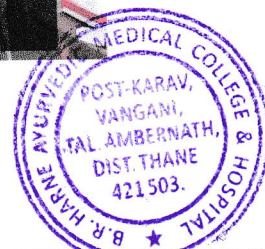
Venue: Adivasi Samaj Hall, Dharol

On 10th Ayurveda Day 2025, B. R. Harne ayurvedic Medical College organized two special events on 26th September 2025 from 11:00 am to 2:00 pm at Dharol.

A free medical camp was conducted at Adivasi Samaj Hall, Dharol, where around 50 patients received free medical consultation and treatment.

Alongside, a tree plantation program was held at Z. P. School, Dharol, where 50 trees were planted as per guidelines of maharashtra government, directorate of ayush and MUHS under 'Harit maharashtra samrudha maharashtra, abhiyan

The events were successfully carried out with the guidance and support of Principal Sir, Dr. Hari Naik, and support of Dr. Amruta Jadhav, Dr. Deepika Jodhe Madam, Dr. Girish Kale Sir, Dr. Aniket Baccav Sir, Dr. Shweta Mhatre Madam, Dr. Sayali Manmode M, Dr. Sneha Nabar Madam, Dr. Hemendra Rao Sir and other dedicated staff members.





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## **6. Student wellness and Public awareness – Exhibition**

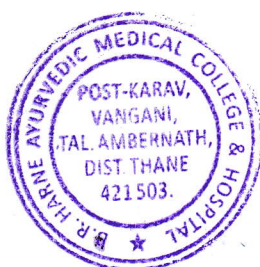
**Date: 29/09/2025**

**Venue: B. R. Harne Ayurvedic Medical College, Karav**

The students of B. R. Harne Ayurvedic Medical College, Karav, Vangani, have organized the Awareness program through the Exhibition of Medicinal Plants, Drugs Formulation, Prakriti Parikshan, and Interactive Session on 29/09/2025 at 12:15 pm. On the occasion of the 10th Ayurveda Day 2025. The exhibition was inaugurated by the hands of the Principal of Engineering college, Vangani.

With the inspiring theme, "Ayurveda for People and Planet," this event not only highlighted the essence of Ayurveda but also reflected the dedication, teamwork, and active participation of our faculty in promoting knowledge and awareness among the students.

More than 100 people visited the exhibition and gained valuable knowledge from our dedicated faculties and enthusiastic students.





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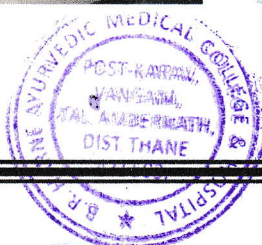
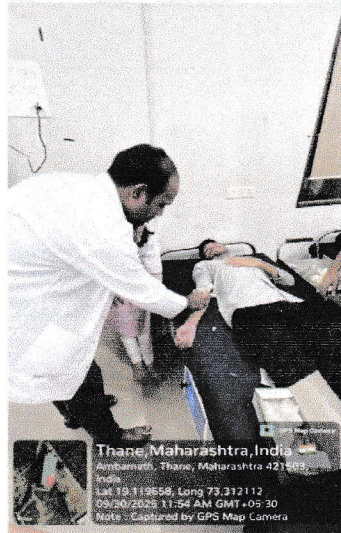
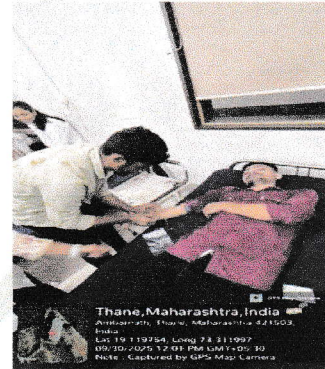
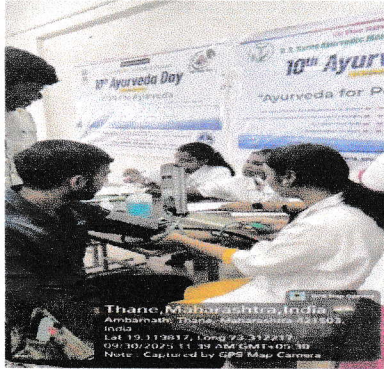
## 7. Student wellness - Sharadeeya Raktamokshan camp

Date: 30/09/2025

Venue: B. R. Harne Ayurvedic Medical College, Karav

Successful Raktamokshan Camp Organized, on the occasion of the 10th Ayurveda Day 2025, the Panchakarma Department of B.R. Harne Ayurvedic Medical College successfully organized a Raktamokshan Camp on 30/09/2025, from 11:00 am to 1:00 pm.

A total of 45 Raktamokshan procedures were performed during the camp with active participation from students and faculty. The event highlighted the significance of traditional Ayurvedic practices and their role in promoting health and well-being



*Dr. A. K. K.*

PRINCIPAL

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Tal. Ambarnath, Dist. Thane 421 503.